**Discipline Policy for Kids Kare Mother’s Day Out of Oakwood Baptist Church**

* Discipline must be:

1. Individualized and consistent for each child
2. Appropriate to the child’s level of understanding
3. Directed toward teaching the child acceptable behavior and self-control

* A care-giver may only use positive methods of discipline that encourage self-esteem, self-control and self-direction, which include at least the following:

1. Using praise and encouragement for good behavior instead of focusing only on unacceptable behavior
2. Reminding a child of behavior expectations daily by using clear, positive statements
3. Redirecting behavior using positive statements
4. Using brief supervised separation from the group, when appropriate for the child’s age and development, which is limited to no more than one minute per year of the child’s age.

* There must be no harsh or cruel or unusual treatment of any child. The following types of discipline are prohibited:

1. Corporal punishment or threats of corporal punishment
2. Punishment associated with food, naps or toilet training
3. Pinching, shaking or biting a child
4. Hitting a child with a hand or instrument
5. Putting anything in or on a child’s mouth
6. Humiliating, ridiculing, rejecting or yelling at a child
7. Subjecting a child to harsh, abusive or profane language
8. Placing a child in a locked or dark room, bathroom or closet
9. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child’s age.

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