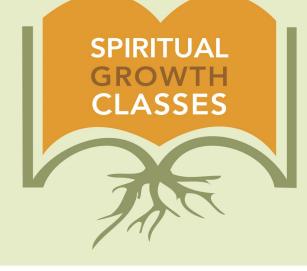


SPIRITUAL GROWTH CLASSES & SUPPORT GROUP CATALOG



AND







Hello,

On behalf of the Oakwood family, I am very pleased that you are considering an Oakwood spiritual growth class or support group. This catalog provides detailed information about each of the spiritual growth classes and support groups that will be offered during the Fall 2019. In order to help you make a selection, this catalog includes a layout of our church buildings and floor plans as well as a table of contents and thorough description of all the spiritual growth classes and support groups being offered.

Please email any questions about the contents of this catalog to Betty Pittman at betty.pittman@oakwoodnb.com or you may call her at the church at 830-625-0267.

Thank you for considering an Oakwood spiritual growth class or support group!

In His service and yours,

Pastor Dale

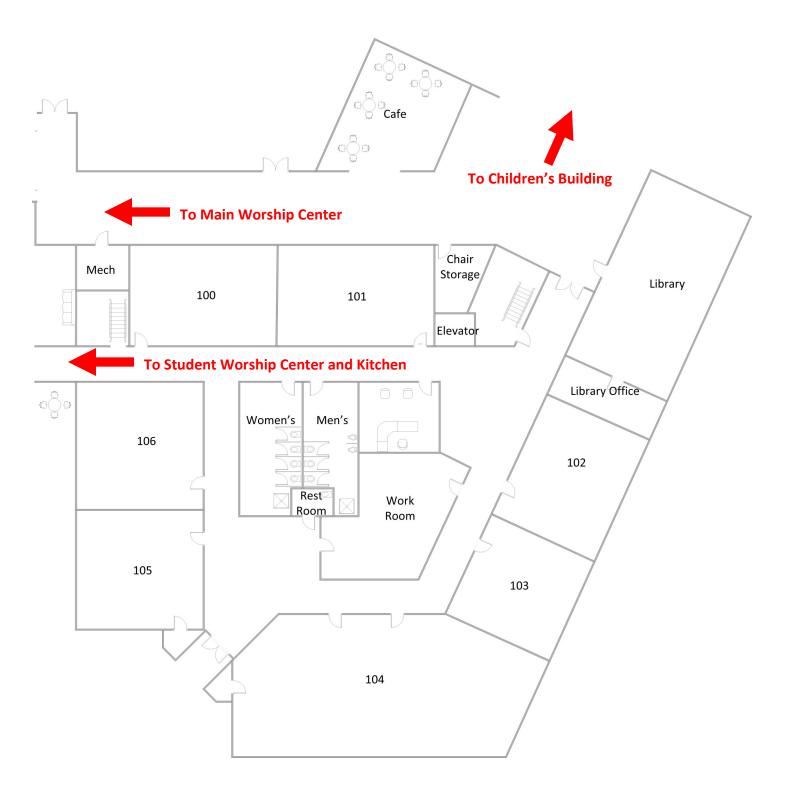


**Pastor Dale Bynum** 

### **Classes and Groups Meeting In The**

Adult Education Building

(See 1st Floor Layout Below)

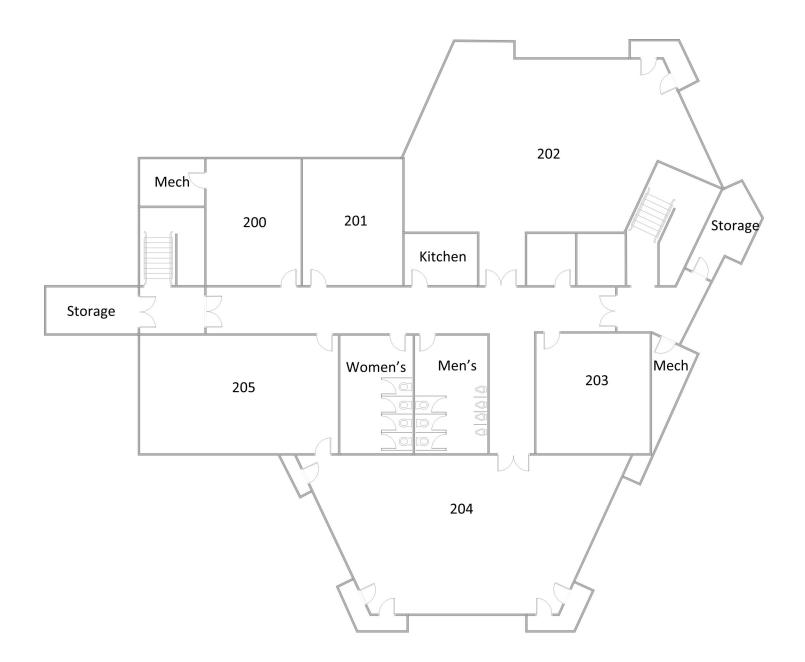


See 2nd Floor Layout On Next Page

### **Classes and Groups Meeting In The**

### Adult Education Building

(See 1st Floor Layout Below)



### See 1st Floor Layout On Previous Page

# How to Select A Spiritual Growth Class

- ◆ Look at the "Table of Contents" on the pages 8 and 9.
- Review class/group information in this catalog found at the information table in the main Worship Center foyer or online at: oakwoodnb.com
- Make your selection and enroll online at:

oakwoodnb.com/connect/spiritual-growth-classes/

#### **IMPORTANT DETAILS:**

- Please enroll early in classes so that class materials can be ordered and available in time for the start of class.
- ◆ A class may be offered on multiple days and times.
- ◆ All classes meet in the Adult Education Building.
- Scholarships are available for classes. If needed please contact Pastor Dale at: dale.bynum@oakwoodnb.com

### **Childcare and Programs Available For Children**

### **On Wednesday Evenings**



#### Registration – Online Only For All Children (Babies—5th Grade)

**5:30-7:30 pm Babies Through Toddlers Childcare / Two's Bible Study** A parent must be <u>on campus</u> during the evening in one of these places: **(1)** Serving in a Wednesday night activity; <u>OR</u> **(2)** Attending a Spiritual Growth Class / Support Group / Wednesday Night Bible Study / an Oakwood Small Group (See **NOTE** below).

**NOTE:** Childcare/Bible study is **ONLY** offered to your babies through 2s if you are attending one of the following: Spiritual Growth Class / Support Group / Wednesday Night Bible Study / an Oakwood Small Group. If you need to register your child (babies through 2s) while you attend one of these activities, please email <u>lou.baumgardner@oakwoodnb.com</u>.

**5:30-7:30 pm Awana Program 3 Years Old (by Sept. 1<sup>st</sup>) Through 5<sup>th</sup> grade** Cost: \$25 per child for the first two children, \$10 per each additional child.

#### Dinner provided from 5:30-5:50pm (Ages 2's through 5th grade)

Awana creates an exciting, fun, and energetic environment where kids can grow to know, love, and serve Christ. The kids enjoy unleashing their enthusiasm and natural energy through exciting games and activities, while building confidence and team spirit. Spiritual growth is nourished through Bible truths and a self-paced system of scripture memorization. Worship, choir and engaging teaching groups encourage deeper understanding of God's Word and gets kids excited about learning more about Him.

- For more information on Cubbies (3-4yr.) clubs please contact Lou Baumgardner (<u>lou.baumgardner@oakwoodnb.com</u>)
- For more information on Sparks (K-2<sup>nd</sup>) or T&T (3<sup>rd</sup>-5<sup>th</sup>) clubs please contact Jody Burkhalter (jody.burkhalter@oakwoodnb.com)

http://www.oakwoodnb.com/awana/

#### Awana will be the only children's program offered on Wednesday nights. Children's choir has been integrated into our Awana program.

| <u>Starting</u> | Table of Contents  |    |
|-----------------|--|----|
|                 | Women's Classes—BLEND BIBLE STUDY FALL 2019<br>Monday Mornings — 9:30 a.m. to 11:30 a.m.<br>Dates: 9/16/19 to 11/11/19 |    |
| September       | Messy Bible Club   | 11 |
| September       | Pray Big   | 11 |
| September       | Open Your Bible  | 12 |

|           | Women's Classes—BLEND BIBLE STUDY FALL 2019<br>Monday Evenings — 6:00 p.m. to 8:00 p.m.<br>Dates: 9/16/19 to 11/4/19: <u>No Childcare Provided</u> |    |
|-----------|--|----|
| September | Uniquely Gifted  | 13 |
| September | All Things New   |    |
| September | r The Faithful—Heroes of the Old Testament   |    |

|            | Wednesday Night Classes FALL 2019Dates: 8/28/19 to 11/14/196:00-7:30 p.m.   |    |
|------------|---|----|
| August     | Oakwood Pastors' Wednesday Night Bible Study  | 15 |
| August     | (Coed Class) Bible Literacy Workshop (9 Weeks)  |    |
| August     | (Coed Class) Spiritual Growth by the Book: Christian<br>Doctrines, Disciplines, and Duties Part 1 (9 Weeks)                   | 16 |
| August     | (Coed Class) Back to the Bible—Part 1 ("Clarifying the Bible" -<br>2 Weeks / "Living by the Book" - 10 Weeks (Total 12 weeks) | 17 |
| Sept. 11th | (Women's Class) It's Not Supposed To Be This Way  | 18 |
| August     | (Coed Class) Divorce Care (Runs concurrently through 13<br>Weeks) See specific start time.                                    | 23 |
| August     | (Coed Class) Family Grace (Runs concurrently through 13<br>Weeks) See specific start time.                                    | 24 |

| <u>Starting</u> | Table of Contents  |    |
|-----------------|--|----|
|                 | Men's Class—September 17, 2019<br>Tuesday Mornings @ 6:00 a.m.   |    |
| September       | Men's Fraternity Session 2—Winning at Work & Home                | 19 |
|                 | Sunday Night Class—Couples<br>Meets at 6:15 p.m. in the Pavilion |    |
| Continuous      | Re engage  | 20 |

| <u>Starting</u>         | Table of Contents   | <u>Pg</u> |
|-------------------------|---|-----------|
|                         | Support Groups  |           |
|                         | Introduction By: Counseling Director, Eva Lott                              |           |
|                         | How To Select A Support Group   |           |
| August                  | Divorce Care: The Road to Healing (Wednesday Nights)                        |           |
| August                  | Family Grace (A Mental Health Journey) (Wednesday Nights)                   | 24        |
| Continuous              | Celebrate Recovery—Adults (Monday Nights)                                   |           |
| Continuous              | Celebration Place—Children Ages 5-13 (Monday Nights)                        |           |
| Aug./Jan.               | GriefShare (Tuesday Mornings & Evenings)                                    |           |
| Monthly                 | Cancer Warriors   |           |
| Call for<br>Information | (Women's Class) Surrendering the Secret, Healing the Heartbreak of Abortion | 29        |
| Monthly                 | Adoptive/Foster Parent Support Group  | 30        |
| Monthly                 | Oakwood Caregivers Support Group  | 31        |

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# IMPORTANT: The Monday morning BLEND Bible studies childcare is online registration ONLY. Signup Deadline is <u>September 9th!</u>

#### (Women's Class) MESSY BIBLE CLUB

#### **"SOUL SISTERS"**

We need Godly friendships so that we may be there for one another, build up, encourage and pray for each other. In this study we will not only enjoy our time in fellowship but also learn what scripture tells us about the characteristics of a "Godly" friend! We will also be exploring new techniques of bible journaling while we bring our



bibles to life (no experience required)! Come enjoy your time in His word and maybe find your "Soul Sister"!

Facilitators: Niki Jordan & Brook Terveen.

Length: 8 Weeks.

Cost: \$20 Per Person.

Start Date: 9/16/19 to 11/11/19.

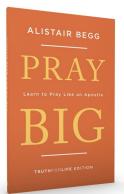
Time: 9:30 a.m.— 11: 30 a.m.

#### (Women's Class) PRAY BIG

#### Author: Alistair Begg

For most of us, the discipline of **prayer** is the hardest one to master. In this short book, Alistair Begg combines warmth, clarity, humor, and practicality as he examines Paul's prayers for the Ephesian church to show ordinary Christians how to pray like an apostle.

Facilitator: Celia Peace. Length: 8 Weeks. Cost: \$20 Per Person. Start Date: 9/16/19 to 11/11/19. Time: 9:30 a.m.—11:30 a.m.



#### (Women's Class) OPEN YOUR BIBLE

Authors: Rachel Myers and Amanda Bible Williams

We're all longing to hear from God, aching to know who He is and know His heart. The beautiful truth is this—we can encounter the living God today in the pages of His Word. The Bible is for you and for now. Whether you already open your Bible every day, have never read it before, or struggle to keep up with studying Scripture, Open Your Bible, a 7-session study from the women behind She Reads Truth. will leave you with a



greater appreciation for the Word of God, a deeper understanding of its authority, and a stronger desire to truly know the Bible inside and out.

You will learn practical ways to read, study, and apply Scripture with confidence. Using Scripture itself, powerful storytelling, and real-life examples, Open Your Bible will quench a thirst you might not even know you have—one that can only be satisfied by God's Word.

Facilitator: Michelle Schwandt. Length: 8 Weeks. Cost: \$20 Per Person. Start Date: 9/16/19 to 11/11/19. Time: 9:30 a.m.—11:30 a.m.

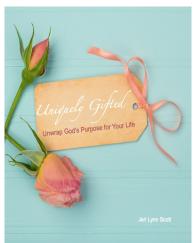
# IMPORTANT: Monday Night Blend Bible Studies Classes <u>No Childcare Provided</u>

#### (Women's Class) Uniquely Gifted

Author: Jeri Lynn Scott

"Now you are the body of Christ, and each one of you is a part of it." 1 Corinthians 12:27

Have you ever wondered why you exist? What your purpose is in this world, or if you could ever be used by God to make a difference? I certainly did, and I was determined to find the



answer. I wanted to know God's will, calling and purpose for my life and how to accomplish it. Are you on the search for your purpose and calling? As I pursued answers to these questions I began a life-altering journey with Christ that changed everything! Maybe this study is just where you need to begin. Join me as we discover your calling, spiritual gifts, passion and purpose. You have been chosen, set apart and *Uniquely Gifted* specifically for Jesus. It's time to unwrap God's purpose for your life.

Uniquely Gifted is a 6 week study. 30 minutes minimum of homework 5 days a week.

Facilitator: Author, Jeri Lynn Scott. Length: 6 Weeks. Cost: \$20 Per Person. Start Date: 9/16/19 to 11/4/19. Time: 6:00 p.m.—8:00 p.m.

#### (Women's Class) All Things New

Author: Kelly Minter

Over 8 sessions, Kelly Minter will lead you through the Letter of 2 Corinthians, exploring the anchoring truths of bearing treasures in jars of clay, meeting Christ through a pressing thorn, opening wide your heart in the midst of hurtful relationships, and what it means to embrace the lost and lonely as ministers of the new covenant. Each of us has a message to proclaim and live by: Because of Jesus the old has gone, *the new has come*.



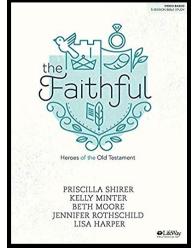
Facilitator: Jody Hill. Length: 8 Weeks. Cost: \$20 Per Person. Start Date: 9/16/19 to 11/4/2019. Time: 6:00 p.m.—8:00 p.m.

# (Women's Class) The Faithful – Heroes of the Old Testament

Borrowing from best-selling studies by Beth Moore, Priscilla Shirer, Lisa Harper, Kelly Minter, and Jennifer Rothschild, explore crucial moments in the lives of five Old Testament figures—Queen Esther, Gideon, Hosea, Malachi, and Nehemiah.

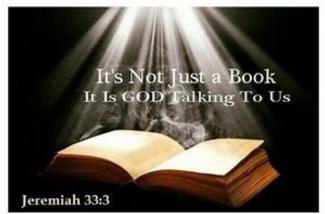
Strengthen your faith as you walk alongside these larger-thanlife figures who all chose to obey God no matter the circumstances.

Facilitator: Sandy Bohlen. Length: 8 Weeks. Cost: \$20 Per Person. Start Date: 9/16/19 to 11/4/2019. Time: 6:00 p.m.—8:00 p.m.



#### Wednesday Night Bible Study

Every Wednesday evening there is a Bible Study offered as an alternative for those who are not participating in a spiritual growth class. There is discussion and sharing during this time. If you are not participating in a spiritual growth class then you most definitely should take advantage of this Bible study. The first Wednesday night of each month has been designated as Corporate Prayer night.



#### Led by: Pastor Steve Peace and Pastor Brett Mosher.

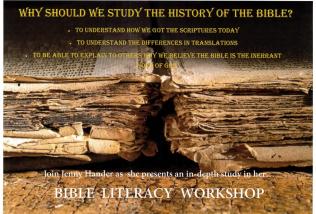
Start Date: 8/28/19.

Time: 6:30 p.m.

#### Location: Main Worship Center

#### (Coed Class) Bible Literacy Workshop

Do you lack desire to study the Bible? Do you struggle to locate different books of the Bible? Do you question whether the Bible is complete? Do you wonder if Old Testament laws still apply to us today? Do you realize that the book of Psalms shows us how to express our emotions to God? Do you know the original audience of each Old Testament prophet? Do you know that the New Testament addresses cultural issues that are still relevant today? If questions like these in-



hibit your study of God's Word join us for a Bible Literacy Workshop. Rather than studying a particular topic or passage of Scripture we will spend our time exploring the mechanics of God's Word. Learn how to become a student of the Bible rather than just a reader of the Bible so that you may grow closer to God through His Word.

Facilitator: Jenny Hander.

Length 8 weeks. Cost: N/A

Start Date: 8/28/19.

Time: 6:15 p.m.—7:30 p.m.

Location: Adult Education Building Room

Supplies Needed: Bible (if you do not own a Bible, Oakwood will provide one for you).

(Coed Class) Spiritual Growth by the Book – Christian Doctrines, Disciplines, and Duties - Part 1 (Fall 2019)

This is a <u>two-part</u> study of major Bible doctrines (teachings), spiritual disciplines for the Christian life, and duties the Lord expects all Christians to carry out. The Scriptural inspiration for this class comes from the Apostle Paul's letter to the Christians at Colossae:



Colossians 1:9 For this reason also, since the day we heard of it, we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding, 10 so that you will walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God; 11 strengthened with all power, according to His glorious might, for the attaining of all steadfastness and patience; joyously 12 giving thanks to the Father.

| Part 1 (9-Weeks) starts  | Part 2 (13-Weeks) starts  |
|--|---|
| August 28, 2019 covering:  | January 15, 2020 covering:  |
| <ol> <li>The Bible</li> <li>The Existence and Attributes of God</li> <li>The Trinity</li> <li>The Holy Spirit</li> <li>The Christ</li> <li>The Atonement – Resurrection –<br/>Ascension – Present Session of Christ</li> <li>Angels, Satan, and Demons</li> <li>The Church</li> <li>Heaven – Hell – The End Times</li> </ol> | <ol> <li>The Names of God and His Will and Works</li> <li>Man And Sin</li> <li>The Doctrine of Salvation – Part 1 (Grace –<br/>Foreknowledge – Predestination – Election)</li> <li>The Doctrine of Salvation – Part 2 (Calling –<br/>Regeneration – Conversion – Repentance –<br/>Faith)</li> <li>The Doctrine of Salvation – Part 3<br/>(Justification – Imputation – Adoption)</li> <li>The Doctrine of Salvation – Part 4 (Death and<br/>the Intermediate State – Perseverance –<br/>Glorification)</li> <li>The Doctrine of Salvation – Part 5<br/>(Sanctification)</li> <li>Spiritual Disciplines – Part 1</li> <li>Spiritual Disciplines – Part 2</li> <li>Spiritual Gifts</li> <li>Christian Duties – Part 2</li> <li>Wrap Up – What Now?</li> </ol> |

Teacher: Pastor Dale Bynum.

Length: (See tables above)

Cost: \$10 per person.

Start Date: 8/28/19.

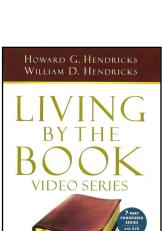
Time: 6:00 p.m.—7:30 p.m.

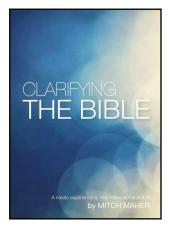
#### (Coed Class) Back to the Bible—Part 1 (12 Weeks) "Clarifying the Bible" (2 Weeks)" Living by the Book" (10 Weeks)

<u>Clarifying the Bible</u> leads to confident Bible reading for a lifetime. You long for clarity and confidence when it comes to the Bible, but its complexity often leaves you confused and uncertain. Mitch Maher's *Clarifying the Bible* can help. *Clarifying the Bible* is a two-hour video presentation and workbook that gives viewers the basic framework and storyline of the Bible. The material is presented in a passionate, compelling fashion, and in the end delivers on its promise to help people see the Bible with more clarity than ever before. You'll engage the Scriptures with confidence, and feel well-equipped to help others dive into the Scriptures for themselves.

<u>Living by the Book</u> Join Dr. Howard G. Hendricks as he shows you how to understand and apply God's Word for yourself. Millions around the world have been captivated by this brilliant teacher's highly energetic style, friendly manner, unforgettable illustrations, and laugh-out-loud humor. In these series of 25-minute sessions, Dr. Hendricks will walk you step-by-step through his signature model for self-study: Observation, Interpretation, Application. Your experience in Scripture will never be the same. And your life will be transformed as you begin Living by the Book!

Teacher: Chase & Ashton Welch Length: (See Heading Above) Cost: \$10 per person. Start Date: 8/28/19. Time: 6:00 p.m.—7:30 p.m. Location: Adult Education Building Room (TBD)





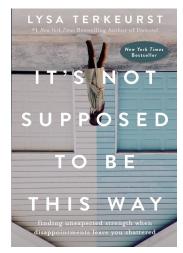
#### (Women's Class) It's Not Supposed To Be This Way

Author: Lysa TerKeurst

**It's Not Supposed To Be This Way** offers a safe guide, fresh biblical insight, and life-giving perspectives for living in between Eden and eternity. With grit, vulnerability, and honest humor, Lysa helps readers:

• Stop being pulled into the anxiety of disappointment by discovering how to better process unmet expectations and other painful situations.

• Train themselves to recognize the three strategies of the enemy so they can stand strong and persevere through unsettling relationships and uncertain outcomes.



- Discover the secret of being steadfast and not panicking when God actually does give them more than they can handle.
- Shift their suspicion that God is cruel or reckless to the biblical assurance that God is protecting and preparing them.

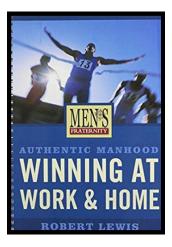
Know how to encourage a friend and help them navigate hard realities with real help from God's truth.

Facilitator: Terry Williams. Length: 8 Weeks. Cost: \$20 Per Person. Start Date: 9/11/19 to 10/30/19. Time: 6:15 p.m.—7:30 p.m.

Men's Class Beginning—September 17th Every Tuesday Morning @ 6:00 a.m. The Branch (Student Worship Center)

#### (Men's Class) Men's Fraternity: Winning At Work & Home

by Robert Lewis challenges men to step forward, meet their responsibilities, and establish their manhood. This study focuses on the chief responsibilities men have as husbands, fathers, and breadwinners. Two mirrors are presented to help men evaluate how they are doing in life: the mirror of work and career, and the mirror of home and family. Participants will evaluate chief



responsibilities of how a man successfully relates to a woman and how a man rightly engages in his work. (16 sessions)

Here is a plan for leading men in your church and community to win in life by helping them understand and undertake the challenges of both career and family. (Session 5 includes a frank discussion for men of sexual issues in a marriage. Leader should preview this session before showing.) Men's Fraternity is designed to bring Christian men together in a safe, comfortable setting where they can learn the true, biblical meaning of manhood and honestly share their challenges and concerns.

Designed in a fill-in-the-blank format, this workbook allows viewers to be actively involved in following each of the 16 sessions. Also includes questions for small-group discussion.

Teacher: Pastor Rusty Rice. Length: 16 Weeks. Cost: \$15 per person. Start Date & Time: Tuesday, September 17th @ 6:00 a.m.—7:00 a.m. Location: The Branch (Student Worship Center)

**Relengage** Would you rate your marriage as a 2 or a 10? Maybe even a 0? You are not alone. Whether your marriage needs to be reignited, or is in need of a complete resurrection, relengage is a safe place for couples to reconnect. Relengage is a marriage enrichment program that examines God's design for marriage and applies principles from the Bible to guide couples towards growth in their relationship with each other.

The Re|engage classes are always taking new people. There is no start date, it goes on continually. Couples can come any week.



Facilitator: Multiple closed groups with facilitators for each.

Length: 17 weeks.

Cost: \$10 per person (each spouse will need one book).

Meets: Every Sunday evening @ 6:15 p.m.—8:00 p.m. in the Student Pavilion.



#### Welcome!

First, let me tell you how happy we are that you have taken this first step to "intentionally engaging" solutions (i.e. Solutions). This portion of the catalog introduces you to Support Groups. Support Groups address experiences that are common to the participants. They are often experiences that a person has a difficult time overcoming individually.

Participating in a support group has many benefits. Participants indicate the biggest advantage is the realization they are not alone. While listening to others share their experiences they realize that there are other people who have the same problems. This revelation provides relief. New skills to relate to others are developed while providing the community needed for healing.

What can you expect? Support groups vary but basically you can expect a small group (8-10 people) meeting weekly to discuss their experience. Homework to be done individually may be given. Unlike group therapy, the meeting is led by a lay person with training in facilitating the group discussion.

When joining a support group, you may be uncomfortable at first when it comes time to discussing problems in front of strangers. However, the fact that others are facing the same type of situation will help you open up and discuss your feelings. Additionally, the guidelines shared in group weekly remind participants that everything that takes place within the support group should be kept confidential.

Feel free to email any questions you may have about available support groups to me at <u>eva.lott@oakwoodnb.com</u>. If you prefer to call, the number for Oakwood Counseling Center is 830-627-7006.

Eva Lott, LPC-S Counseling Director



Eva Lott Director Counseling Center

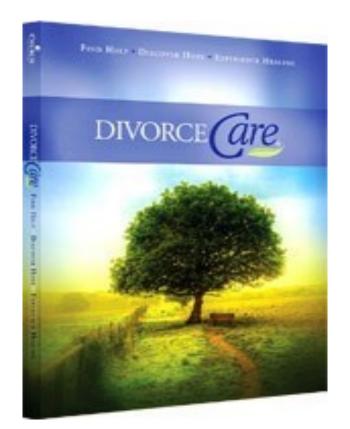
# How to Select A Support Group

- Look at the "Table of Contents" on page 9.
- Review group information in this catalog found at the information table in the foyer of the Worship Center or online at: <u>oakwoodnb.com</u>
- Make your group selection and enroll online at: <u>oakwoodnb.com</u> IF INDICATED.

**IMPORTANT DETAILS:** 

- Please enroll early so that any materials needed can be ordered and available in time to start your journey toward healing.
- A group may be offered on multiple days and times.
- Meeting place for groups is to be determined.

• Scholarships may be available for classes. If needed, please contact Oakwood Counseling Center @ 830-627-7006



**DivorceCare: The Road To Healing** Find help and healing for the hurt of separation and divorce. DivorceCare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone. This class is led by people who understand what you are going through and want to help. You'll gain access to valuable DivorceCare resources to help you deal with the pain of the past and look forward to rebuilding your life.

Enroll online at: oakwoodnb.com/connect/spiritual-growth-classes/

Facilitators: Lance & Micah Montgomery. Length: 13 weeks. Cost: \$20 per person. Start Date: 8/28/19. Time: Wednesday Evenings: 5:45 p.m.— 7:30 p.m. Location: Adult Education Building

### **SUPPORT GROUP**

Family Grace



#### **Family Grace**

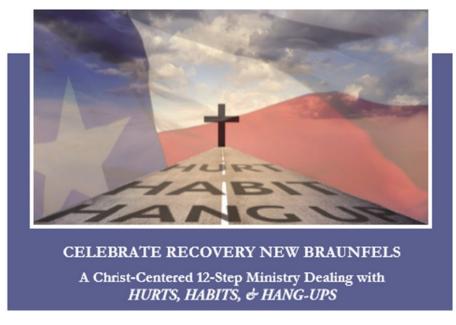
Family Grace (by Grace Alliance) is a small group experience with biblical encouragement and practical tools for those walking alongside a loved one in their mental health journey.

Enroll online at: oakwoodnb.com/connect/spiritual-growth-classes/

Facilitators: Craig & Kim Cloud. Length: 13 weeks. Cost: \$20 per person. Start Date: 8/28/19. Time: Wednesday Evenings: 6:00 p.m.— 7:30 p.m. Location: Adult Education Building

If you have further questions call Oakwood Counseling Center @ 830-627-7006.

## **Support Groups**



#### **CELEBRATE RECOVERY**

No Registration Required Childcare Provided

Facilitators / Personal Contacts: Dennis 210-845-4060 Sylvia 830-237-3235

Time: Every Monday Evening: 7:00 p.m.—to 9:30 p.m.

7:00 Large Group 8:00 Small Groups 9:00 Solid Rock Café

Location: Oakwood Pavilion 2154 Loop 337 New Braunfels, Texas

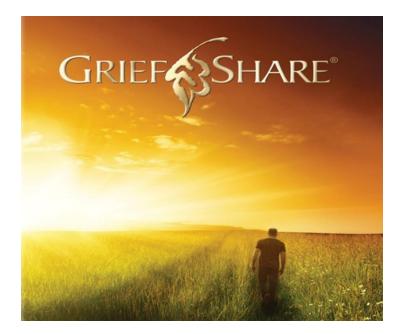


#### **Celebration Place**

We have added "Celebration Place" for children 5 to 13! Celebration Place is an uplifting, hope-filled, children's companion to Celebrate Recovery. It is a 52-week program that mirrors the **Celebrate Recovery** one year, large group teaching schedule. While you, the parent(s), explore topics that bring healing and wholeness, your kids are discovering the same truths in age appropriate ways!

Note: Day & Time is the same as Celebrate Recovery

## **Support Groups**



**GriefShare** is a 13 week grief support group designed to minister to people grieving the death of a loved one.

Facilitator: Maxine Montague. Length: 13 weeks. Cost: \$20 per person. Start Date: 8/27/19. Tuesday Morning Class: 9:00 a.m.—11:00 a.m. (NO Childcare provided) Tuesday Evening Class: 6:00 p.m.—8:00 p.m. (NO Childcare provided) Location: Adult Education Building

If you have further questions call Oakwood Counseling Center @ 830-627-7006.

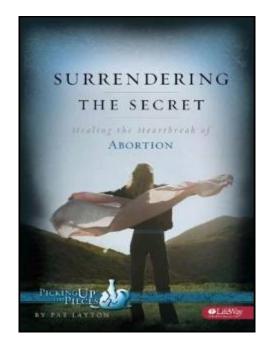


#### **CANCER WARRIORS**

A support group for those battling cancer. This group is open to cancer patients, survivors and caregivers.

Location: Oakwood Counseling Center 176 S. Hickory Ave New Braunfels, Texas

Facilitator: Stu Sherman (830-629-2916) 1<sup>st</sup> Thursday of Each Month. No Registration Required.



#### (Women's Class) <u>Surrendering the Secret, Healing the Heartbreak of</u> <u>Abortion</u> by Pat Layton

Surrendering the Secret provides a personal class experience helping women find the path to healing through honest, interactive Bible study; meaningful group experiences; unique journaling exercises; and confidential, caring community. Many women hide the secret of abortion deep in their hearts. They carry a great burden of shame and failure, afraid to reveal their hidden pain, and by doing so are forced to endure the long-lasting effects of abortion in isolation. The Surrendering the Secret Bible Study is a trust journey through the Word of God where women are allowed to release this burden and find freedom. While experiencing hope and joy, shame and failure are replaced with beauty and freedom. Please visit <u>www.surrenderingthesecret.com</u> to see what God is doing through this ministry across the nation.

#### Confidential Sign Up and information, contact Lisa at 210-325-7828.

#### Adoptive/Foster Parent Support Group

This support group is for parents who have or are currently adopting or fostering. As a parent of an orphaned child you deal with very unique issues. This is a group for you to come together with others who can relate to the special challenges you face. Sometimes we will have subject matter experts come and speak to give a word of encouragement or put a tool in your toolbox. At other times we allow for the group members to share where they are in their journey in order to prayed for and encouraged.

Facilitator: Angie Thompson Location: Oakwood Church—Adult Education Bldg. Room 101. Time: 1:30 p.m.—3:00 pm.

Frequency: 1<sup>st</sup> Sunday of every month.

Please RSVP to Pastor Jeff Epley at <u>jeff.epley@oakwoodnb</u>.com or <u>830-625-0267</u>, if you will be attending and if you will need childcare.

Childcare is available for 5<sup>th</sup> grade and below.

### **Oakwood Caregivers Support Group**

"Bear one another's burdens, and thus fulfill the law of Christ" (Galatians 6:2).

This verse of Scripture reminds us of the privilege and the responsibility to care for others in their times of need.

"Cast your burdens upon Him, because He cares for you" (1 Peter 5:7).

This verse of Scripture reminds us that those who care for others also need care themselves.

Oakwood hosts a Support Group to caregivers on the first Thursday evening of each month, at 6:30 PM until 8:00 PM. The group meets in room 103 in the Adult Education Building.

If you are a caregiver to a loved one or a friend, and would like to attend, please contact Pastor Steve at 830-625-0267, or <u>steve.peace@oakwoodnb.com</u> to register your attendance and for any questions you might have.

This support group is designed to minister to anyone who is giving care to family or friends on an on-going basis. We hope to respond to caregivers practically, relationally, emotionally, and spiritually.

Facilitator: Pastor Steve Peace. Location: Oakwood Church—Adult Education Bldg., Room 102 Time: 6:30 pm Thursday. Frequency: Monthly.