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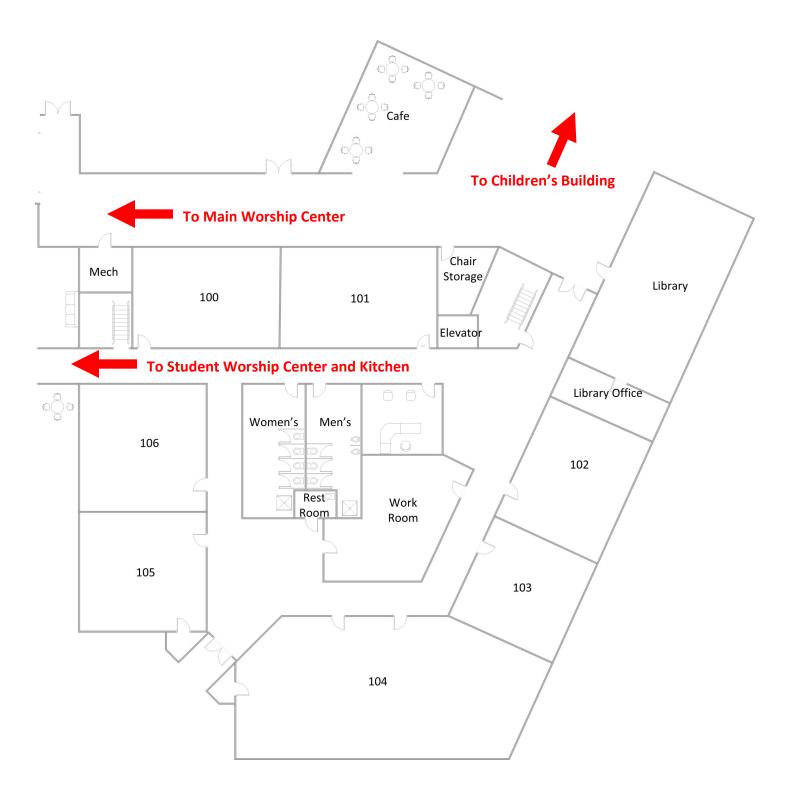
SPIRITUAL GROWTH CLASSES & SUPPORT GROUP GUIDE

FALL 2018 & WINTER 2019

Classes and Groups Meeting In The

Adult Education Building

(See 1st Floor Layout Below)

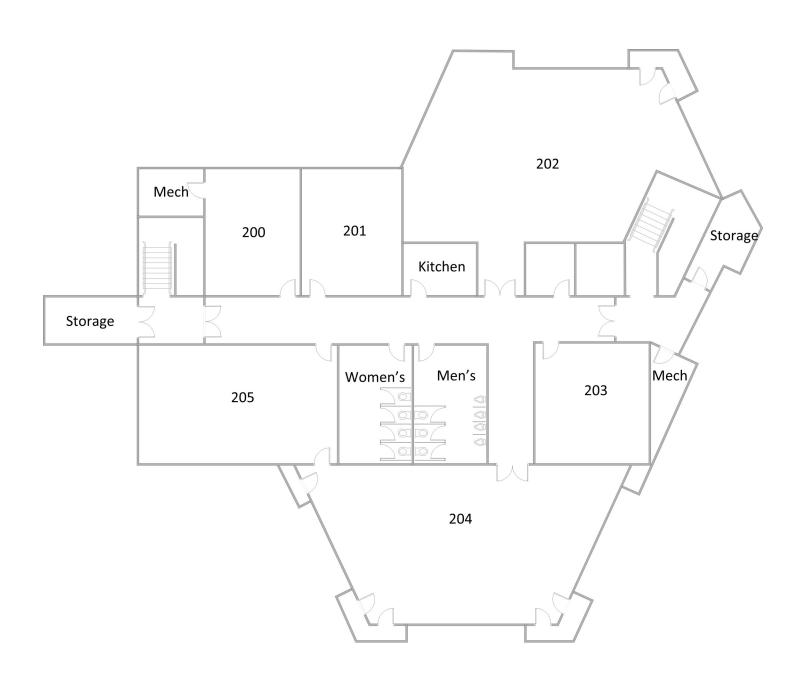


See 2nd Floor Layout On Next Page

Classes and Groups Meeting In The

Adult Education Building

(See 1st Floor Layout Below)



How to Select A Spiritual Growth Class

- ♦ Look at the "Table of Contents" on the following pages.
- ◆ Review class/group information in this catalog found at the information table in the main Worship Center foyer or online at: oakwoodnb.com
- ♦ Make your selection and enroll online at:

oakwoodnb.com/connect/spiritual-growth-classes/

IMPORTANT DETAILS:

- ◆ Please enroll early in classes so that class materials can be ordered and available in time for the start of class.
- ♦ A class may be offered on multiple days and times.
- ◆ All classes meet in the Adult Education Building.
- ◆ Scholarships are available for classes. If needed please contact Pastor Dale at: dale.bynum@oakwoodnb.com

Childcare and Programs Available For Children On Wednesday Evenings



Wednesday Evening

Registration - Online or children's building information counter

5:25-7:30 pm Babies - Toddler Childcare

5:30-7:30 pm Awana Program

2 years old (by Sept. 1st) - 5th grade

Dinner provided from 5:30-5:50pm

Cost: \$25 per child for the first two children, \$10 per each additional child.

Awana creates an exciting, fun, and energetic environment where kids can grow to know, love, and serve Christ. The kids enjoy unleashing their enthusiasm and natural energy through exciting games and activities, while building confidence and team spirit. Spiritual growth is nourished through Bible truths and a self-paced system of scripture memorization. Music, whacky theme nights, and teaching groups encourage deeper understanding of God's Word and gets kids excited about learning more about Him.

- For more information on Puggles (2yr.) or Cubbies (3-4yr.) clubs please contact Lou Baumgardner (lou.baumgardner@oakwoodnb.com) or Melissa Gleason (melissa.gleason@oakwoodnb.com).
- For more information on Sparks (K-2nd) or T&T (3rd-5th) clubs please contact Rhonda Donigan (<u>rhonda.donigan@oakwoodnb.com</u>) or Jody Burkhalter (jody.burkhalter@oakwoodnb.com)

http://www.oakwoodnb.com/awana/

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September	Anxious for Nothing (Author: Max Lucado)	11
September	Discerning the Voice of God (Author: Priscilla Shirer)	12

	Women's Classes—BLEND BIBLE STUDY FALL 2018 Monday Evenings: 9/17 thru 11/12 6:00-8:00 p.m. No Childcare Provided	
September	Rachel & Leah (Author: Nicki Koziarz)	11
September	Discerning the Voice of God (Author: Priscilla Shirer)	12
September	Uniquely Gifted (Author: Jeri Lynn Scott)	13
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IMPORTANT: The Monday morning BLEND Bible studies childcare is online registration ONLY. Signup Deadline is September 10th

(Women's Class) Rachel & Leah by Author, Nicki Koziarz

What Two Sisters Teach Us About Combating Comparison

Why her? How many times have you asked yourself that question? How many times have you felt like you couldn't measure up no matter how hard you tried? We've all been there.

Over 6 sessions, uncover truths you need to arm yourself with when combatting comparison by studying the biblical account of

Rachel & Leah. Learn to be content without becoming complacent, and discover godly wisdom, to quiet the incessant *Why Her?* Question in your head.



Facilitator: Pat Talcott. Length 6 weeks. Cost: \$20 per person. Start Date: 9/17/18 to 11/12/18. Time: 9:30 a.m. to 11:30 a.m.

Monday Evenings

Facilitator: Sharon Riddle. Length 6 Weeks. Cost \$20 per person.

Start Date: 9/17/18 to 11/12/18 Time: 6:00-8:00 p.m.

(Women's Class) Anxious for Nothing by Author, Max Lucado

Calm In a Chaotic World

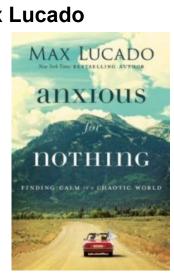
Anxiety is at an all time high, but there's a prescription for dealing with it. Max Lucado invites readers into a study of Philippians 4:6-7 where the Apostle Paul admonishes the followers of Christ, "Do not be anxious about anything..." Lucado says, "The presence of anxiety is unavoidable, but the prison of anxiety is optional. It's the life of perpetual anxiety that Paul wants to address. Don't let anything in life leave you perpetually in angst."

Monday Mornings:

Facilitator: Michelle Schwandt. Length: 8 weeks. Cost: \$20

per person.

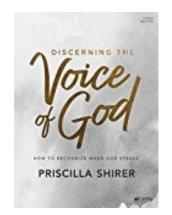
Start Date: 9/17/18 to 11/12/2018. Time: 9:30 a.m. to 11:30 a.m.



NICKI KOZIARZ

(Women's Class) Discerning the Voice of God by Author, Priscilla Shirer

Do you feel that the ability to hear God's voice is for other people and not for you? Is it only for people who lived in Biblical times? Not at all! The God who loved you enough to die for you loves you enough to talk to you. And wherever you are in your spiritual walk, God will find a way to speak to you in a way you will understand. Become acquainted with the Voice that has spoken from a fire and a cloud, with visible signs and an invisible Spirit, through a burning bush and burning hearts. Hear from some of the most well known



Christians in history about how God speaks to them and discover for yourself how you can discern the voice of God.

Monday Mornings:

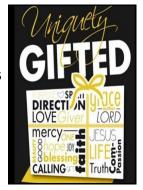
Facilitator: Celia Peace. Length 8 weeks. Cost: \$20 per person. Start Date: Monday, 9/17/18 to 11/12/18. Time: 9:30 a.m. to 11:30 a.m.

Monday Evenings:

Facilitator: Dawn Loding. Length: 8 weeks. Cost: \$20 per person. Start Date: Monday, 9/17/18 to 11/12/18. Time: 6:00-8:00 p.m.

IMPORTANT: Monday Night Blend Bible Studies Classes No Childcare Provided

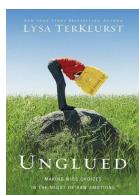
(Women's Class) Uniquely Gifted—Called According to His Purpose Author, Jeri Lynn Scott. "Now you are the body of Christ, and each one of you is a part of it." – 1 Corinthians 12:27 God, what is your will for my life? If you have ever asked yourself this question then this study is for you. Uniquely Gifted is an intimate journey between Christ and the reader that will dig deep into your soul to help you discover God's purpose for your life. I believe everyone has a desire to know God's will for their life and how to accomplish it. In this study you will gain insight into the characteristics that make you uniquely His and discover how He can



use your uniqueness to fulfill His purpose for His Kingdom. The study will examine God's covenant promise in both the Old and New Testaments to uncover His plan and purpose for His people as a whole and the common thread that runs throughout history, which is the message of love and redemption through Jesus Christ. God has called you to participate in His divine plan. He has equipped you to serve Him with gifts, talents and abilities to accomplish His plan. Please prayerfully consider taking this Uniquely Gifted and discover all that God has for you.

Author/Facilitator: Jeri Lynn Scott. Length: 6 weeks. Cost \$20 per person. Start Date: Monday evenings 9/17/18 thru 11/12/18 @ 6:00-8:00 p.m.

(Women's Class) Unglued: Making Wise Choices in the Midst of Raw Emotions Author, Lysa TerKeurst. God gave us emotions to experience life, not destroy it! Lysa TerKeurst admits that she, like most women, has had experiences where others bump into her happy and she becomes emotionally unglued. We stuff, we explode, or we react somewhere in between. Is it really possible to make emotions work for us instead of against us? Yes, and in her usual inspiring and practical way, Lysa will how you how. Filled with gut-honest personal examples and biblical teaching, Unglued will equip you to gain a deep sense of calm by responding to situations out of your control without acting out of control.



Facilitator: Tammy Strakos. Length 8 weeks. Cost: \$20 per person. Start Date: Monday evenings 9/17/18 thru 11/12/18 @ 6:00-8:00 p.m.

Wednesday Night Bible Study

Every Wednesday evening there is a Bible Study offered as an alternative for those who are not participating in a spiritual growth class. There is discussion and sharing during this time. If you are not participating in a spiritual growth class then you most definitely should take advantage of this Bible study.

The first Wednesday night of each month has been designated as Corporate Prayer night.

Led by: Pastor Steve Peace and Pastor Brett Mosher

Start Date: 8/29/18 Time: 6:30 p.m.

Location: Main Worship Center.

There is no enrollment required for this study, just show up.

(Women's Class) Unexpected: Leave Fear Behind, Move Forward in Faith...(Author, Christine Caine)

Christine Cane is an Australian activist, evangelist, author, and international speaker. Caine and her husband, Nick, are best known for founding The A21 Campaign in 2008, a 501c non-profit, non governmental organization that combats human trafficking. In 2015, Caine founded Propel Women, an organization designed to honor the calling of every woman, empower her to lead, equip her for success and develop a sense of God-given purpose. In her book *Unexpected* Caine helps us with the surprises of life. How

can we move forward when we're faced with the unknown? Using personal stories and real-life strategies to help you journey from fear to hope. Discover how to embrace the unexpected, strengthen your faith, choose your destiny, and trust that God is in control.

Facilitator: Terry Williams Start Date: 8/29/18 Length 8 weeks. Cost is \$20 per person. Time: 6:15 p.m. to 7:30 p.m. Location: Adult Education Building Room 103

(Women's Class) Bible Literacy Workshop

Do you lack desire to study the Bible? Do you struggle to locate different books of the Bible? Do you question whether the Bible is complete? Do you wonder if Old Testament laws still apply to us today? Do you realize that the book of Psalms shows us how to express our emotions to God? Do you know the original audience of each Old Testament prophet? Do you know that the New Testament



addresses cultural issues that are still relevant today? If questions like these inhibit your study of God's Word join us for a Bible Literacy Workshop. Rather than studying a particular topic or passage of Scripture we will spend our time exploring the mechanics of God's Word. Learn how to become a student of the Bible rather than just a reader of the Bible so that you may grow closer to God through His Word.

Facilitator: Jenny Hander Length 8 weeks. Cost: N/A Start Date: 8/29/18 Time: 6:15 p.m. to 7:30 p.m. & Winter Start Date: 1/16/19 at 6:15 p.m. to 7:30 p.m. Location: Adult Education Building Room 101

Supplies Needed: Bible (if you do not own a Bible, Oakwood will provide one for you).

(Coed Class) Spiritual Growth by the Book – Christian Doctrines, Disciplines, and Duties - Part 1 (Fall 2018)

This is a <u>two-part</u> study of major Bible doctrines (teachings), spiritual disciplines for the Christian life, and duties the Lord expects all Christians to carry out. The Scriptural inspiration for this class comes from the Apostle Paul's letter to the Christians at Colossae:



Colossians 1:9 For this reason also, since the day we heard of it, we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding, 10 so that you will walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God; 11 strengthened with all power, according to His glorious might, for the attaining of all steadfastness and patience; joyously 12 giving thanks to the Father.

Part 1 (9-Weeks) starts August 29, 2018 covering:

- 1. The Bible
- 2. The Existence and Attributes of God
- 3. The Trinity
- 4. The Holy Spirit
- 5. The Christ
- 6. The Atonement Resurrection Ascension Present Session of Christ
- 7. Angels, Satan, and Demons
- 8. The Church
- 9. Heaven Hell The End Times

Part 2 (13-Weeks) starts January 16, 2019 covering:

- 1. The Names of God and His Will and Works
- 2. Man And Sin
- 3. The Doctrine of Salvation *Part 1* (Grace Foreknowledge Predestination Election)
- The Doctrine of Salvation Part 2 (Calling Regeneration – Conversion – Repentance – Faith)
- 5. The Doctrine of Salvation Part 3 (Justification Imputation Adoption)
- The Doctrine of Salvation Part 4 (Death and the Intermediate State – Perseverance – Glorification)
- 7. The Doctrine of Salvation *Part 5* (Sanctification)
- 8. Spiritual Disciplines Part 1
- 9. Spiritual Disciplines Part 2
- 10. Spiritual Gifts
- 11. Christian Duties Part 1
- 12. Christian Duties Part 2
- 13. Wrap Up What Now?

Teacher: Pastor Dale Bynum Length: (See tables above).

Cost: \$10 per person.

Fall Start Date & Time: 8/29/18 / 6:00 p.m. to 7:30 p.m. Winter Start Date & Time: 1/16/19 / 6:00 p.m. to 7:30 p.m.

Location: Adult Education Building Room 104

(Coed Class) The Pentateuch: The First Five Books Of The Bible Come join us for a study of the Pentateuch, the first five books of the Old Testament. Discover the characters and fundamental teaching of each book – Genesis, Exodus, Leviticus, Numbers, and Deuteronomy – in relation to the fulfillment of God's divine plan of redemption.

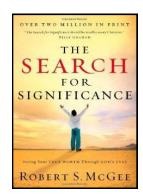


Goals Of This Class

- Learn why you should study the Old Testament and the Pentateuch in particular.
- Discover the foundations in the Pentateuch on which your Christian theology is built.
- See how God reveals Himself to you through His character, name, and attributes and His works
 of creation and redemption as recorded in the Pentateuch.
- Follow the plan of redemption through creation, the fall, a woman, a family, and a nation with a special emphasis on Messianic prophesy and fulfillment in Christ Jesus our Lord.
- Learn about the different types of covenants (testaments) that are recorded in the Pentateuch and how they reveal to you the nature of God.
- Develop an appreciation for the main characters of the Pentateuch and learn lessons from them that can be applied to your Christian life today.
- Contrast the worldview of the Ancient Near East in relation to the unique Old Testament worldview and your Christian worldview today.
- Get acquainted with the geography of the Ancient Near East and the effect it had on the cultures of that region in contrast and comparison to the nation of Israel.
- Explore the purpose of the law and the different kinds of law recorded in the Pentateuch and how it relates to your daily Christian walk.
- Study the fulfillment in Christ Jesus of the Old Testament sacrificial system especially as it relates to the Pentateuch book of Leviticus and the New Testament book of Hebrews.
- Answer the challenge of the book of Deuteronomy to live out your faith and pass it on to the next generation.

Teacher: Jay Shuck. Length: 9 Weeks. Start Date: March 20, 2019 from 6:00 p.m. to 7:30 p.m. Location: Adult Education Building Room 101 NOTE: Jay has a Master of Divinity degree from Wesley Biblical Seminary in Jackson, MS and has been in one type of ministry or another preaching and teaching for over 40 years. He taught the Pentateuch on the college level during his years as an instructor.

(Women's Class) The Search for Significance...
Seeing Your True Worth Through God's Eyes by Robert McGee. Whether you are a new Christian or have walked with the Lord for many years, The Search for Significance provides a focused opportunity for you to take a personal inventory of your life and learn a discipleship tool that will help you in the process of becoming all that God wants you to be:



- ◆ Do you want to grow closer in your relationship with the Lord and others?
- ◆ Do you long to experience more of the freedom He promises?
- ♦ Would you like to be empowered to fulfill more completely His calling in your life?

If your answer is yes, then sign up for The Search for Significance, an intensive course that can help you do these very things. Weekly homework includes two chapters of reading and life application exercises. Please plan to attend all ten classes!

Facilitator: Kathy Schlentrich. Length: 10 Weeks. Cost: \$20. Start Date:

Wednesday evening 1/16/19 to 3/27/19 from 5:30 - 7:30pm.

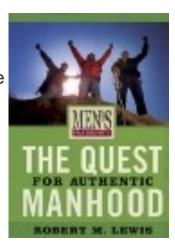
Location: Adult Education Building Room 202

NOTE: No class March 13. Childcare provided. NOTE: Registration ONLY at Search table in church foyer beginning Sunday, 11/18/2018.

Space is limited. Last day to register is Sunday, January 13

(Men's Class) Men's Fraternity: The Quest for Authentic Manhood

This class is designed to help a man embrace a bolder and more noble concept of manhood. The first of the series, this study leads men along a journey toward real biblical masculinity while fostering deep spiritual, emotional, and personal growth. This study also takes a man inside himself to consider the forces that are shaping — or misshaping — his personal manhood. Men's Fraternity is designed to bring Christian men together in a safe, comfortable setting where they can learn the true, biblical meaning of manhood and honestly share their challenges and concerns.



Designed in a fill-in-the-blank format, this workbook allows viewers to be actively involved in following each of the 24 sessions. Also includes questions for small-group discussion.

Teacher: Pastor Rusty Rice

Length: 24 Weeks Cost: \$15 per person.

Start Date & Time: Tuesday, 8/28 / 6:00 a.m. to 7:00 a.m. Location: Oakwood Student Worship Center (The Branch)

Relengage Would you rate your marriage as a 2 or a 10? Maybe even a 0? You are not alone. Whether your marriage needs to be reignited, or is in need of a complete resurrection, relengage is a safe place for couples to reconnect. Relengage is a marriage enrichment program that examines God's design for marriage and applies principles from the Bible to guide couples towards growth in their relationship with each other.



The Re|engage classes are always taking new people. There is no start date, it goes on continually. Couples can come any week.

Facilitator: Multiple closed groups with facilitators for each. Length: 17

weeks. Cost: \$10 per person (each spouse will need one book).

Meets: Every Sunday evening @ 6:15 to 8:00 p.m. in the Student Pavilion.



Welcome!

First, let me tell you how happy we are that you have taken this first step to "intentionally engaging" solutions (i.e. Solutions). This portion of the catalog introduces you to Support Groups. Support Groups address experiences that are common to the participants. They are often experiences that a person has a difficult time overcoming individually.

Participating in a support group has many benefits. Participants indicate the biggest advantage is the realization they are not alone. While listening to others share their experiences they realize that there are other people who have the same problems. This revelation provides relief. New skills to relate to others are developed while providing the community needed for healing.

What can you expect? Support groups vary but basically you can expect a small group (8-10 people) meeting weekly to discuss their experience. Homework to be done individually may be given. Unlike group therapy, the meeting is led by a lay person with training in facilitating the group discussion.

When joining a support group, you may be uncomfortable at first when it comes time to discussing problems in front of strangers. However, the fact that others are facing the same type of situation will help you open up and discuss your feelings. Additionally, the guidelines shared in group weekly remind participants that everything that takes place within the support group should be kept confidential.

Feel free to email any questions you may have about available support groups to me at eva.lott@oakwoodnb.com. If you prefer to call, the number for Oakwood Counseling Center is 830-627-7006.

Eva Lott, LPC-S Counseling Director



Eva Lott
Director Counseling Center

How to Select A Support Group

- Look at the "Table of Contents" on page 8.
- Review group information in this catalog found at the information table in the foyer of the Worship Center or online at: oakwoodnb.com
- Make your group selection and enroll online at: <u>oakwoodnb.com</u>
 IF INDICATED.

IMPORTANT DETAILS:

- Please enroll early so that any materials needed can be ordered and available in time to start your journey toward healing.
- A group may be offered on multiple days and times.
- Meeting place for groups is to be determined.

 Scholarships may be available for classes. If needed please contact Oakwood Counseling Center @ 830-627-7006

SUPPORT GROUP

Family Grace

living resilient and renewed



Family Grace

Family Grace (by Grace Alliance) is a small group experience with biblical encouragement and practical tools for those walking alongside a loved one in their mental health journey.

Enroll online at: oakwoodnb.com/connect/spiritual-growth-classes/

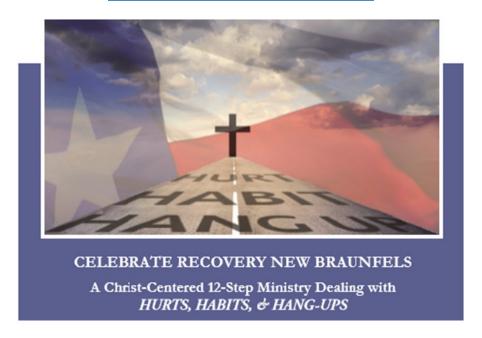
If you have further questions call Oakwood Counseling Center @ 830-627-7006.

Facilitators: Oakwood Counseling Center. Length: 16 weeks.

Cost: \$20 per person

Start Date: 08/29/18. Wednesday Evenings: 6:00 p.m. to 7:30 p.m.

Support Groups



CELEBRATE RECOVERY

Oakwood Church 2154 Loop 337 N. New Braunfels, Texas

7:00 Large Group - Room 300 in the Student Worship Center 8:00 Small Groups 9:00 Solid Rock Café

Childcare Provided

Personal Contacts:

Dennis 210-845-4060 Sylvia 830-237-3235

Every Monday Evening - 7:00 p.m. to 9:30 p.m. No Registration Required

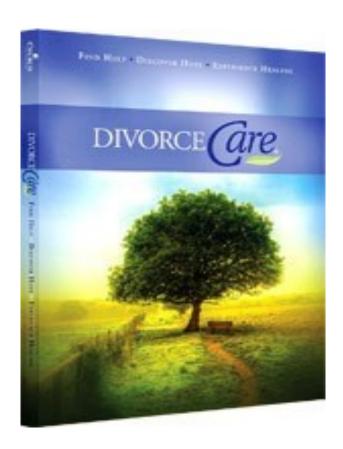
Support Groups



Celebration Place

We have added "Celebration Place" for children 5 to 13! Celebration Place is an uplifting, hope-filled, children's companion to Celebrate Recovery. It is a 52-week program that mirrors the **Celebrate Recovery** one year, large group teaching schedule. While you, the parent(s), explore topics that bring healing and wholeness, your kids are discovering the same truths in age appropriate ways!

Every Monday Evening - 7:00 p.m. to 9:30 p.m. No Registration Required



DivorceCare: The Road To Healing Find help and healing for the hurt of separation and divorce. DivorceCare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone. This class is led by people who understand what you are going through and want to help. You'll gain access to valuable DivorceCare resources to help you deal with the pain of the past and look forward to rebuilding your life.

Enroll online at: oakwoodnb.com/connect/spiritual-growth-classes/

Facilitators: Oakwood Counseling Center Length: 13 weeks. Cost: \$20 per person.

Start Date: 8/29/18. Wednesday Evenings: 6:00p.m. to 7:30 p.m.

Support Groups



GriefShare is a 13 week grief support group designed to minister to people grieving the death of a loved one.

If you have further questions call Oakwood Counseling Center @ 830-627-7006.

Fall Start Date: 8/28—11/27/18

Length: 13 weeks Cost: \$20 per person

Tuesday Morning Class: 9:00 a.m. - 11:00 a.m. (NO Childcare provided)
Tuesday Evening Class: 6:00 p.m. - 8:00 p.m. (NO Childcare provided)

Winter Start Date: 1/16/19

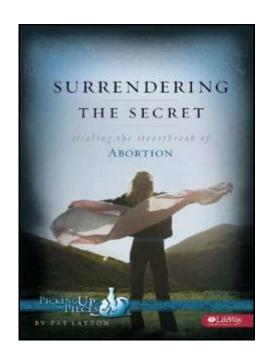


CANCER WARRIORS

A support group for those battling cancer. This group is open to cancer patients, survivors and caregivers.

Oakwood Counseling Center 176 S. Hickory Ave New Braunfels, Texas

Facilitators: Stu Sherman/830-629-2916 1st Thursday of Each Month No Registration Required



(Women's Class) Surrendering the Secret, Healing the Heartbreak of Abortion by Pat Layton Surrendering the Secret provides a personal class experience helping women find the path to healing through honest, interactive Bible study; meaningful group experiences; unique journaling exercises; and confidential, caring community. Many women hide the secret of abortion deep in their hearts. They carry a great burden of shame and failure, afraid to reveal their hidden pain, and by doing so are forced to endure the long-lasting effects of abortion in isolation. The Surrendering the Secret Bible Study is a trust journey through the Word of God where women are allowed to release this burden and find freedom. While experiencing hope and joy, shame and failure are replaced with beauty and freedom. Please visit www.surrenderingthesecret.com to see what God is doing through this ministry across the nation.

Confidential Sign Up and information, contact Lisa at 210-325-7828.

Adoptive/Foster Parent Support Group

This support group is for parents who have or are currently adopting or fostering. As a parent of an orphaned child you deal with very unique issues. This is a group for you to come together with others who can relate to the special challenges you face. Sometimes we will have subject matter experts come and speak to give a word of encouragement or put a tool in your toolbox. At other times we allow for the group members to share where they are in their journey in order to prayed for and encouraged.

Facilitators: Jeff and Lisa Holcombe

Location: Room 101 of the Adult Education building at Oakwood

Time: 1:30-3:00 pm

Frequency: 1st Sunday of every month

Please RSVP to Lisa Holcombe at <u>lisalholcombe@gmail.com</u> if you will be attending and if you will need childcare.

Childcare is available for 5th grade and below.

Oakwood Caregivers Support Group

"Bear one another's burdens, and thus fulfill the law of Christ" (Galatians 6:2).

This verse of Scripture reminds us of the privilege and the responsibility to care for others in their times of need.

"Cast your burdens upon Him, because He cares for you" (1 Peter 5:7).

This verse of Scripture reminds us that those who care for others also need care themselves.

Oakwood hosts a Support Group to caregivers on the first Thursday evening of each month, at 6:30 PM until 8:00 PM. The group meets in room 103 in the Adult Education Building.

If you are a caregiver to a loved one or a friend, and would like to attend, please contact Pastor Steve at 830-625-0267, or steve.peace@oakwoodnb.com to register your attendance and for any questions you might have.

This support group is designed to minister to anyone who is giving care to family or friends on an on-going basis. We hope to respond to caregivers practically, relationally, emotionally, and spiritually.

Facilitator: Pastor Steve Peace

Location: Room 102 of the Adult Education building at Oakwood

Time: 6:30 pm Thursday

Frequency: Monthly